

# RHSTEP

*Committed to improving SRHR*

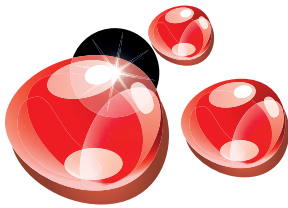


[www.rhstep.org](http://www.rhstep.org)

# GLIMPSES OF ACHIEVEMENT

- Contributing Approx. 15% of Total MR Performance in Bangladesh
- Over 10,000 Doctors Trained on MR
- Near 10,000 FWVs/ Paramedics/ SACMO Trained on MR
- Aprox. 1.25 Million MR Performed
- Aprox. 1.45 Million Contraceptives Distributed
- Aprox. 125,000 Safe Motherhood Support Delivered
- Aprox. 130,000 Clients Served with Cervical and Breast Cancer Screening Support
- Aprox. 1 Million Adolescents Served with Health Care Support
- Over 6 Million People Reached with SRHR Information.





**RHSTEP** is a pioneer national non government organization focusing on Sexual and Reproductive Health Rights (SRHR) for more than three decades in Bangladesh.

**RHSTEP** was evolved in 1983 as a special project under the Ministry of Health and Family Welfare (MoHFW) of the Government of Bangladesh titled MRTSP. In 1989 MRTSP was transformed into a NGO. Considering the increasing need of other reproductive health care, MRTSP stepped forward in 2002 with multifaceted services and a new name 'Reproductive Health Services Training and Education Program - RHSTEP'.

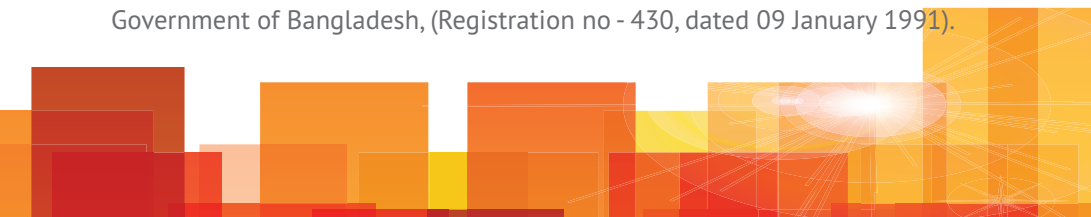
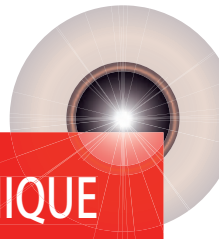
**RHSTEP** has extended its activities centers in 20 districts of Bangladesh. Every year approximately 6,50,000 women, men including youth adolescents and children receives health care services, education and awareness support through our 28 centers.

**RHSTEP** is registered under Social Welfare Registration Act, 1961 with the Department of Social Welfare, (Registration no - DHA - 02459, dated 05 August 1990); NGO Affairs Bureau of the Government of Bangladesh, (Registration no - 430, dated 09 January 1991).

## WE ARE UNIQUE BECAUSE...

- ▣ WE evolved through a gradual process of government initiatives
- ▣ WE are the only organization is approved for providing MR Training in Bangladesh
- ▣ WE are only who is sharing public hospital facility for providing SRH services
- ▣ WE are working in 22 public medical college hospitals/General hospitals in the country
- ▣ WE have established Project Management cooperation with Government Hospital Authority in our project areas

**RHSTEP is a unique example of GO-NGO collaboration in the health sector of Bangladesh**





## OUR VISION

A healthy, wealthy, self-reliant Bangladesh where every citizen is respectful to human rights and practicing those rights irrespective of their age, sex, race or socio-economic and cultural strata.

## OUR MISSION

To empower the people especially poor, vulnerable and marginalized through different health and social interventions to uphold their rights.

## OUR GOAL

is to contribute towards improving SRH of women and adolescents and thus complement the GOB's National Health Program targets of reducing MMR and other SRH hazards in Bangladesh.



# OUR SRHR PROGRAM STRATEGIES

- ✓ Comprehensive Menstrual Regulation (MR) Training
- ✓ Refresher MR Training
- ✓ Training on MR with Medication (MRM)
- ✓ Training on Post Abortion Care
- ✓ Training on Long Acting Reversible Contraceptive Methods
- ✓ Training on Counselling
- ✓ ToT on Safe Motherhood
- ✓ Training of Trainers
- ✓ Infection Prevention Protocol (IP)
- ✓ Training on SRHR and YFS
- ✓ Training on Gender and SRHR etc.

## CAPACITY DEVELOPMENT



## SRH SERVICES



- ✓ Safe Menstrual Regulation (MR)
- ✓ Post abortion care (PAC)
- ✓ Family Planning methods supply
- ✓ Safe Motherhood
- ✓ Adolescent Reproductive Health Care
- ✓ Mother and Child Health Care
- ✓ Screening of Cervical and Breast Cancer
- ✓ Syndromic management of RTI/STI
- ✓ Diagnostic services
- ✓ Referral

## DEMAND CREATION

- ✓ Education session at School/Madrasha
- ✓ Awareness session in Community
- ✓ Education session at Garments Factory
- ✓ Development and distribution of IEC/BCC materials
- ✓ Door to door visit



## ADVOCACY

- ✓ Meeting with policy makers at different level
- ✓ Creating enabling environment through orientation of gatekeepers including Teachers, Parents, Religious leaders, Community leaders and others Social elites on SRHR issues
- ✓ Meeting with School Management Committee
- ✓ Issue based Seminar/workshop/dialogue sessions
- ✓ Meeting with garments authorities
- ✓ Observation of different national and international days
- ✓ Networking with different like minded organizations
- ✓ Participate in SRHR related platform/forums



# OUR SUPPORTERS AND PARTNERS

## **Government of Bangladesh**

- ✓ Ministry of Health and Family Welfare, GOB.
- ✓ NGO Affairs Bureau, GOB
- ✓ Directorate General of Health and concerned local offices/wings.
- ✓ Directorate General of Family Planning and concerned local offices/wings.
- ✓ Medical College Authorities.
- ✓ District Hospital Authorities.
- ✓ Local Administration and local government authorities.

## **International partners**

- ✓ Swedish International Development Cooperation Agency (Sida)
- ✓ CordAid, Netherlands
- ✓ Swedish Association for Sexuality Education (RFSU)
- ✓ Embassy of Kingdom of Netherlands
- ✓ Rutgers WPF, Netherlands
- ✓ Simavi, Netherlands
- ✓ Management Development Foundation (MDF), Netherlands
- ✓ Ipas
- ✓ IPPF

## **Network & Forums**

- ✓ Coordination Council for MR Agencies, Bangladesh (CCMRA,B)- Founding Member
- ✓ SRHR Consortium Bangladesh - Founding Member & Lead Agency
- ✓ UBR Alliance Bangladesh-Lead Organization
- ✓ MR & MRM Alliance- Member
- ✓ Network for Ensuring Adolescent Reproductive Health, Rights and Services (NEARS)- Executive Member



# ONGOING PROJECTS

**1 Title:** Strengthening of Safe MR and Family Planning services and Reduction of Unsafe Abortions for Improving SRHR Situation in Bangladesh (Safe MR Project) (October 2017-September 2021)

**Funded by:** Swedish International Development Cooperation Agency (Sida)

**2 Title:** Addressing unmet need of SRHR for adolescents and youth through creating awareness in selected area of Bangladesh (ASHA) (January 2014- December 2018)

**Funded by:** The Swedish Association for Sexuality Education (RFSU)

**3 Title:** Unite For Body Rights 2 (UBR2) (January 2016-December 2019)

**Funded by:** Embassy of the Kingdom of the Netherlands

**4 Title:** Improving Access to Quality Family Planning (QFP) (January 2017-March 2018)

**Funded by:** Ipas Bangladesh

**5 Title:** Developing TVET, HE and training on SRHR in the health and population sector in Bangladesh (April 2013-May 2018)

**Funded by:** Nuffic, Netherlands

**6 Title:** Hello I am (HIA) (January 2017-December 2020)

**Funded by:** Rutgers, Netherlands

**7 Title:** Right Here Right Now Bangladesh (RHRN) (January 2017-December 2020)

**Funded by:** Rutgers, Netherlands





# young people in focus



Young people constituted more than 32% of total population of Bangladesh. Adolescent reproductive health situation in Bangladesh has been recognized officially as 'unsatisfactory' both in terms of program efforts and actual performance. It has one of the highest rates of child marriage in the world. A national survey conducted by icddr,b and Plan International Bangladesh in 2013 reveals that 64% of women currently aged 20-24 were married before the age of 18. Child marriage is a violation of human rights. It especially affects girls, robbing them of their childhood. It adversely affects education, health and wellbeing of girls and perpetuates cycles of poverty. Child brides experience the detrimental physical, psychological and social consequences of child marriage. This is a global phenomenon and a grave cause for concern. In Bangladesh, the issues needing immediate attention, particularly for female adolescents, are gender discrimination, education, employment, marriage & dowry, and nutrition. Common factors identified through various researches and studies states that poor socio-economic conditions leading to no or less education of adolescents and their parents is a prime factor.

RHSTEP has been working with young people for more than two decades for promotion of their sexual and reproductive health & rights. Through the processes RHSTEP learnt and came out with many experiences. RHSTEP's adolescents themselves raised their voices and demanding to enforce legal processes to stop child marriage, implement birth registration, strengthen national child protection which is vital to helping to prevent and respond to child marriage, increase the awareness of families and communities, especially fathers, adolescents themselves should be engaged to prevent early marriage in their communities. They should aware of their rights and need to be supported to take action. RHSTEP 'Through the voices of Adolescents' also recommends investing in girls' education and adolescents' sexual & reproductive health.

## We are available at.....



### Public Medical Colleges-

1. Dhaka Medical College Hospital, Dhaka.
2. Sir Salimullah Medical College & Mitford Hospital, Dhaka.
3. Chittagong Medical College Hospital, Chittagong.
4. Mymensingh Medical College Hospital, Mymensingh.
5. Rangpur Medical College Hospital, Rangpur.
6. Sher-e-Bangla Medical College Hospital, Barisal.
7. Sylhet MAG Osmany Medical College Hospital, Sylhet.
8. Rajshahi Medical College Hospital, Rajshahi.
9. Khulna Medical College Hospital, Khulna.
10. Comilla Medical College Hospital, Comilla.
11. Faridpur Medical College Hospital, Faridpur.
12. Sahid Ziaur Rahman Medical College Hospital, Bogra.



### District Public General Hospitals

13. Pabna General Hospital, Pabna.
14. Narail Sadar Hospital, Narail.
15. Cox's Bazar Sadar Hospital, Cox's Bazar.
16. Jessore General Hospital, Jessore.
17. Mohammad Ali Hospital, Bogra.
18. Dinajpur General Hospital, Dinajpur.



### Maternity Clinic

19. RHSTEP Maternity Clinic Dhaka (MCD), 965, East Shewrapara, Begum Rokeya Sharani, Mirpur, Dhaka-1216.



### Hard to Reach Areas in Chittagong Hill Tracts

20. Rangamati Sadar Hospital, Rangamati Hill District.
21. Bandarban Sadar Hospital, Bandarban Hill District.
22. Khagrachori Sadar Hospital, Khagrachori Hill District.
23. RHSTEP UBR Clinic, Kawkhali, Rangamati Hill District.
24. RHSTEP UBR Clinic, Rajasthali, Rangamati Hill District.



### Community Based Centers

25. Alor Dhara (Community Resource Center), Daulatpur, Khulna
26. Alor Dhara (Community Resource Center), Noyapara, Akhaliya, Sylhet
27. RHSTEP Clinic, ASRYA Project, Sador Hospital Road, Gaibandha
28. RHSTEP UBR Clinic, Savar, Dhaka

we are available at-



www.rhstep.org

**please contact**

**RHSTEP**

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